

ROOTSRIDERS HOSPITALITY 2018

Travel party 12 of which:

- 1x nuts, seeds and peas allergy
- 1x rice allergy
- 1x vegan, 100% plant based diet; no pasta Chinese or Indian food; no bread, no oils; no salt, no sugar, preferred steamed than cooked
- 9x rest, fried fresh fish preferred (catch of the day) and/or fried/grilled/BBQ chicken (no breast), Caribbean spiced, fresh veggies and legumes, brown rice, flat bread. No red meat, no pork, no Chinese, no pasta, geen Indian curries or roti!!!

NOTE: We'd appreciate it if you forward us your dinner menu to info@rootsriders.com.

Dressing room 1 (the band)

- 10x pilsner beer
- 10x Coca Cola (no Peps, please)
- 8x Coca Cola Zero (No Pepsi, please)
- 10x Fanta
- 6x Fanta Zero
- 10x Red Bull
- 12x Still mineral water
- At arrival: sandwiches with cheese, tuna and/or salmon salad (unprepared so they remain fresh)
- Healthy snacks like carrots, sellary, fresh fruit, etc fruit
- Nuts, mixed and salted
- Coffee, tea, fresh milk (unopened), sugar
- Clean coffee mugs or cups, glasses, cutlery and napkins
- 4 clean towels

Dressing room 2 (vocals, management)

- 4x Coca Cola (no Peps, please)
- 4x Coca Cola Zero (No Pepsi, please)
- 4x Fanta Zero
- 6x Red Bull
- 12x Still mineral water (0,5 liter)
- At arrival: sandwiches with cheese, tuna and/or salmon salad (unprepared so they remain fresh)

- Healthy snacks like carrots, sellary, fresh fruit, etc fruit
- Nuts, mixed and salted
- Coffee, selection of herbal tea, fresh milk (unopened), sugar, honey, fresh ginger (for vocalists)
- Clean coffee mugs or cups, glasses, cutlery and napkins
- 4 towels
- 1x Chivas Regal (1 liter, **after start show**)
- 1x liter Coconut milk (unopened)
- 1x Provomel alternative au fromage frais (400 gr, unopened, available at bio stores) or skinned fresh cheese (fromage frais maigre 500 gr, unopened) if Provomel is really not available
- 1x box of frozen raspberries (unopened)

Ready at stage:

- 16x still mineral water (0,5 liter)
- 8x black clean towels

At FOH:

- 4x still mineral water (0,5 liter)
- 1x towel

Parking:

Free parking at venue or free parking cards for parking

- 1x tour van
- 1x auto

Hotel accommodations:

5x twin rooms (2 separate beds)

Breakfast included

Ibis (not Ibis budget) or equivalent